



Pleated Face Mask with Elastics

Patterns and Videos by Kim's Kitchen Affair

Materials to Make One Face Mask:

- 100% Cotton Fabric
 - For Large – 9 x 16" (23cm x 41cm) Template on Page 4
 - For Medium – 8 x 15" (21cm x 38cm) Template on Page 5
- Two 1/4" or 1/3" wide Elastics - 7 3/4"
(Can be used for Medium and Large)
- (Not required) Twist Ties or Pipe Cleaners (~ 4 in.) (10cm)
- Scissors
- Pen
- Ruler
- Clips
- Sewing machine
- Thread
- Piece of Velcro (keeps the needle always ready to go and reduce the need for overusing the thread)

INSTRUCTIONS

Please watch the video tutorials first:

How to make a paper template: <https://youtu.be/pRtiyPhWDQM>

Step by Step: <https://youtu.be/9K4dH3-LHLQ>

1. Fold the fabric in half lengthwise, right sides together.
2. Arrange the ruler over the short end and make a mark on the 2" line from the outside going in.
3. Stitch from the edge to the 2" mark. Cut thread. Stitch from the second mark to the opposite edge.
4. Press the seam open and flat. You should have about 4" opening in the top of the mask.
5. Fold the mask so the seam is ½-inch from the new top fold.
6. Clip one end of the elastic to the upper left corner, within the top fold. Repeat on the upper right corner with the second piece of elastic.
7. Sew the sides of the mask, making sure to catch the elastic. Back stitch over elastic to secure it.
8. Turn the mask right side out through the opening at the top. Pull all corners out and lightly press to flatten.
9. Align template starting from the top back side of the mask. Place your paper pattern and sandwich fabric in-between both templates. Fold templates and fabric from bottom up.

10. Flip over and stitch from the top right side of the mask, over the pleats, and along all 4 sides. Mask should measure approx. 4" from top to bottom.
11. To reinforce the pleats, stitch along the sides again, 1/8" from the edge.
12. (Not Required) Open up the mask and insert the 4" twist tie or pipe cleaner. Tuck the wire along the top folded edge of the mask. To center the nose bridge, arrange the ruler over the short end and make a mark on the 2 1/2" line from the outside going in. Sew the ties in place along your mark.
13. Wash, Iron (while wearing PPE), and pack into labeled, gallon-sized freezer bags for delivery.

Your mask is complete!

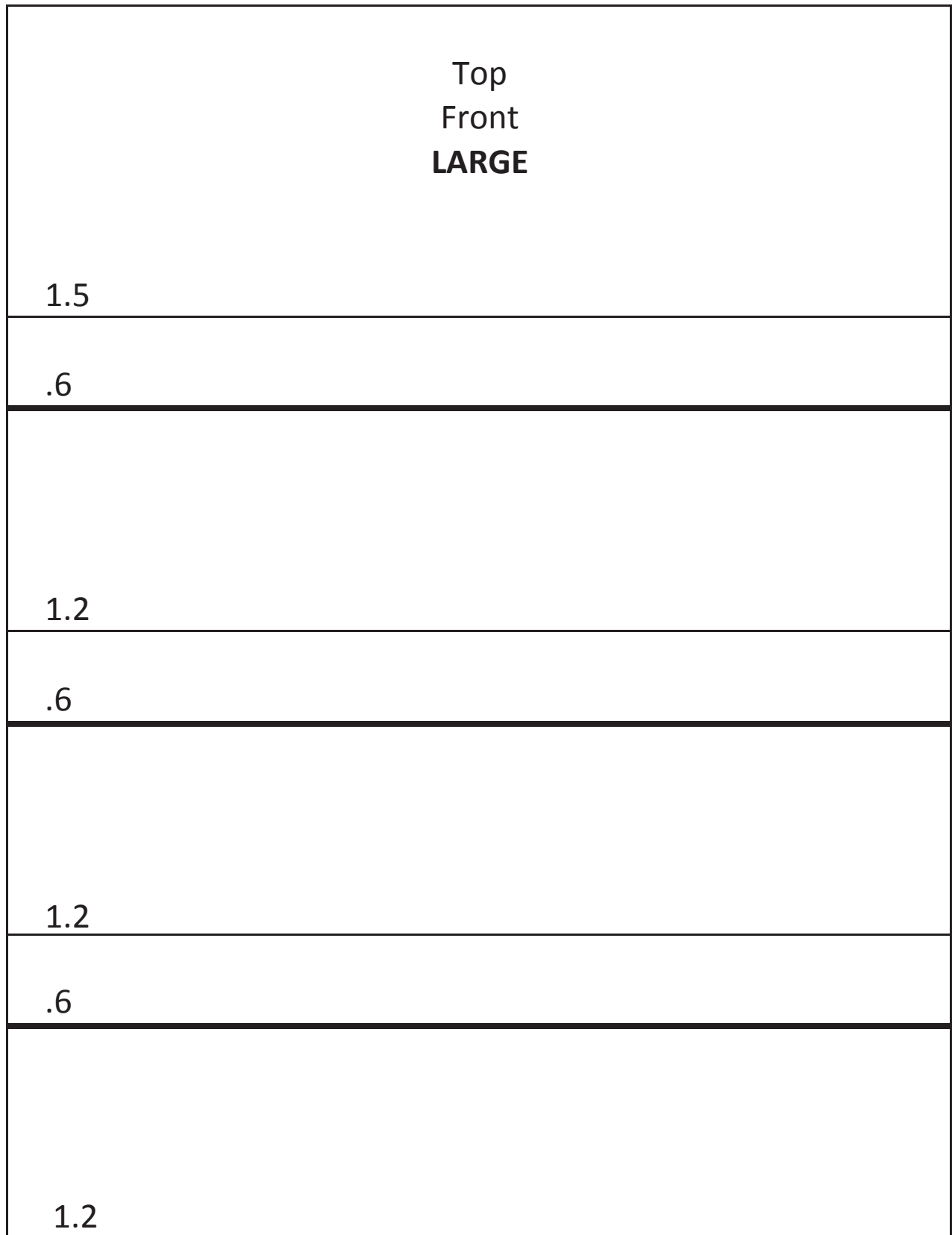
Please wash and iron finished masks, before packing them into labeled, one-gallon freezer bags. PLEASE protect others by wearing PPE while you are handling, and packing your masks.



Kits can be provided for pick up in Woodinville, WA. They will come with 20 cut pieces of fabric (either Medium or Large) and 20 - 15.5" elastic (will need to be cut in half) to make the masks.

If you are not local and would like to start a Stop the Bug Gratitude Masks in your local area please contact stbgratitudemasks@gmail.com for more information.

LARGE
Pleated Face Mask Template



MEDIUM

Pleated Face Mask Template

Top Front MEDIUM
1.5
.5
1
.5
1
.5
1